

# Women's Health

Your Health at Every Age



## 24

The full life cycle prevention and health care of gynecological diseases new product



*Three days before and four days after menstruation, 1-2 patches everyday  
Sterilize, relieve itching, remove odors, and prevent and treat gynecological diseases!*

**W** 陕西省万安药业有限公司  
WAN AN SHAANXI WANAN PHARMACEUTICAL CO.,LTD.

# 姊妹舒<sup>®</sup>

高科技妇科产品

## 轻松一贴 感觉就是好

FEEL GOOD

24 hours three barrier protection, killing orchids, relieving itching, removing odors, prevent and treat abnormal leucorrhea

Effectively prevent and treat recurrent gynecological inflammation

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*Three days before menstruation & four days after menstruation  
1-2 patches every day to thoroughly prevent and treat gynecological diseases*

The 2008 Nobel Prize in Medicine was awarded to scientists who discovered that HPV (human papillomavirus) can cause cervical cancer. HPV is an infectious microorganism that can enter the human body through small damage in a woman's vagina and cause cervical cancer. There is no special medicine for HPV treatment. At present, the occurrence of cervical cancer can only be prevented by vaccination with HPV vaccine.

According to the survey, more than 80% of the world's mature women have different degrees of gynecological inflammation, and more than 90% of women will have reproductive organ damage or infection due to gynecological inflammation. It is urgent to prevent gynecological diseases! Cervical cancer is the most common malignant tumor among female gynecological diseases. To prevent cervical cancer, it is necessary to continuously block HPV from infecting human tissues. Research by the International Agency for Cancer Research shows that women without persistent HPV infection are not at risk of cancer. The world's first new generation of "Zimeishu" brings good news to women all over the world. Easy stick, three barrier protection, long-lasting virus killing, thorough prevention and treatment of health and gynecological diseases.



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## Gathering forces for "greater health"

*The literary private health care market will make a large number of rich people*

From hairdressing to beauty, from breast augmentation to ovarian maintenance, from fashion to internal conditioning, we can clearly find that the women's market has developed from attention to appearance to concern for health. In addition, from the national strategic level, with the release of the Healthy China 2030 Planning Outline, "greater health" has also become a household hot word. Based on this series of phenomena and signs, Zimeishu uses the help of "Healthy China" to target the women's health market and lead the trend of private health!

### Pain points, severe women's health status

In China various common gynecological diseases, such as vaginitis, cervicitis, cervical erosion, adnexitis, pelvic inflammatory disease, etc., seriously infringe on the health of the majority of women. It is understood that the prevalence of cervicitis in women over the age of 30 in China is as high as 45%; the prevalence of premature ovarian failure in women over the age of 40 is close to 60%; nearly 70% of married women suffer from different degrees of gynecological diseases, and more than 80% of women will be infected with various gynecological inflammation in their lifetime. These lingering nightmares follow like a shadow, becoming a "beauty killer" that destroys women's happy life.

On the one hand, whether it is medical institutions or individuals are extremely reticent when it comes to the topic of women's private care, the old idea that "sickness requires treatment" has not been eradicated. On the other hand, the quality of women's care products on the market is uneven, and there is a lack of correct and scientific guidance, so that women who want to contact the field of private care have no choice, which has led to the deterioration of women's health, and the women's health market has not been fully developed.

### Focus Women's health industry under the national cause

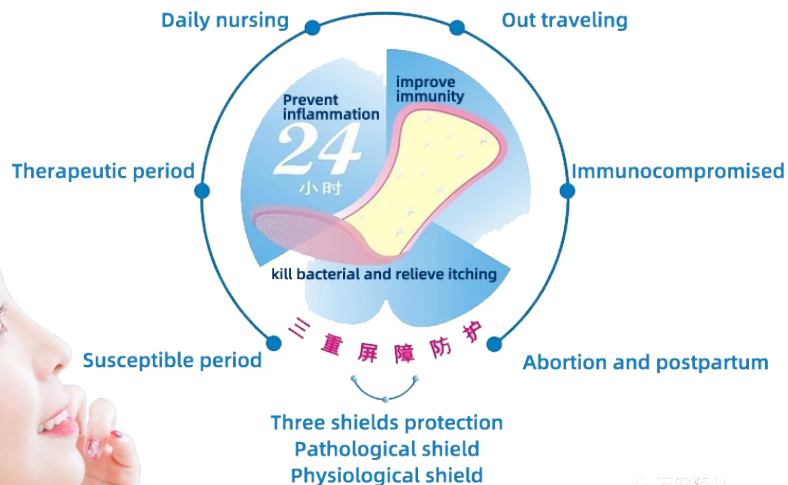
The global reproductive health industry market size is nearly one trillion US dollars every year, and the growth rate of the reproductive health industry has reached 25-30%. In China, its market prospects are even more self-evident. The health industry will expand 10 times in the next five years, with 6-7 million women, 348 million families need safe reproductive health products, and the health care market contains a market share of up to 10 trillion yuan, especially the development of women's reproductive health industry is extremely rapid, increasing at a rate of 20-30% every year.

The majority of women play the role of "half of the sky" in social production, and also bear the important responsibility of giving birth to future generations. Their health is directly related to the health and peace of children, families and even the whole society. Therefore, whether at the individual level or at the national level, they have realized the necessity and importance of women's health.

### Hot spot The high-end private care trend of "her era"

Nowadays, we no longer worry about food and clothing, and the pursuit of high-quality life experience has become a new choice, and the same is true in the field of private care. With the independence of women's economy, women's self-awareness slowly awakened, and the female consumer group began to pay attention to improving and completing self-righteousness, the concept of consumption has also changed from "pleasing people" to "pleasure". Under the background of the "her economy", the health demand of the women's care market is obvious, and the awareness of health care is gradually increasing, which is urging the high-quality development of the women's care market.

Under the premise of "health", more and more women have new demands for private care, including private rejuvenation, harmonious sexual life, postpartum recovery, etc. It can be said that private maintenance is not only a health strategy, but also a new trend of current maintenance. Diversified demands will undoubtedly become a star to ignite the whole market. A more professional, more comfortable, more convenient and more fashionable private maintenance experience is the key to winning the market.



之万药业

## Zimeishu Modern Gynecology Joint Treatment Concept

Zimeishu's modern gynecological joint treatment concept: the toxic side effects of damage and drugs in the treatment of gynecological diseases on women's internal and external reproductive organs and systemic are obvious. The value of combined treatment and protection of gynecological diseases is much higher than pure gynecological treatment. Zimeishu's modern gynecological protection concept is to integrate protection into the treatment process of gynecology and the daily nursing process of women. Zimeishu can effectively exclude gynecological pathogens from the infection portal, and can eliminate and kill pathogens that have been infected to the vulva in time; so that the early stage of infection of gynecological inflammation can be treated in time, and gynecological diseases can be eliminated in the bud. Gynecological medicine experts believe that gynecological diseases can be completely prevented and controlled. To truly solve the repeated attacks of gynecological diseases and intractable diseases such as long-term incurable diseases, it is necessary to use the "modern gynecological joint treatment concept" to guide daily nursing and enhance the function of women's resistance to diseases through the "modern gynecological three barrier protection".

The traditional concept of gynecological treatment is a pure treatment process. While drugs kill pathogens, they cause damage to the body. This vicious circle of "treatment of one injury, recurrence, repeated treatment of greater damage" is the main reason why gynecological diseases are incurable for a long time. Because clinical medicine has not been able to fundamentally solve the problem of gynecological treatment and medication for a long time, a relatively mild local gynecological inflammation has not been effectively treated, which eventually leads to the inflammation gradually becoming a stubborn chronic gynecological disease, destroying women's health and even threatening their lives. Based on this, Wanan Pharmaceutical put forward the concept of joint treatment to scientifically solve the outstanding problems of clinical medicine for many years. The significance of "joint treatment" is that in the process of treating gynecological diseases, it can effectively improve the bactericidal effect of therapeutic drugs, shorten the use time of therapeutic drugs, improve the therapeutic effect, shorten the course of treatment, eliminate the toxic side effects of drugs on cell tissue and body in time, and quickly repair damaged tissue cells, and in a short time restore the physiological barrier in the vagina destroyed by drugs. In drug treatment process the injury is inevitable. Some injuries are local, and some injuries are systemic. No matter which kind of injury, it is not only for the next recurrence of secondary gynecological diseases has buried the root of the problem, and also increased the difficulty of the next treatment. Due to the drug resistance of the pathogen, the treatment time is greatly extended, and the medicine dosage is increased, resulting in more serious damage. Therefore, the concept of modern gynecological joint treatment is to adopt the method of "joint treatment" and use the effect of Zimeishu "three barrier protection" to effectively solve the toxic side effects of gynecological drugs, local and systemic damage problems, long treatment cycle problems, pathogen resistance, physiological barrier function loss problems, the problem of long-term local and general discomfort after gynecological medication,

local organ function degeneration, and repeated attacks of gynecological diseases which are a series of problems that are difficult to solve in the process of traditional gynecological treatment.

So as to fundamentally re-understand the concept of gynecological disease treatment, scientifically and effectively treat gynecological diseases, and improve women's physical health which has great significance.

## Chapter 1 Overview of Gynecological Diseases in China and Traditional Prevention and Control Measures

### Section 1 China's Gynecological Problems are Serious

With the progress of society, women's social status and the role they play are becoming more and more important, and women's health problems have gradually attracted public attention. According to relevant studies, more than 90% of women have various health problems, among which gynecological diseases are particularly serious, and there is a trend of generalization and rejuvenation.

According to statistics, 86% of women in China have different degrees of gynecological diseases, and in remote areas where medical resources are scarce, the proportion is even as high as 90%. Although women's reproductive health has received wide attention with the attention and care of parties and governments at all levels, scientific preventive measures are still essential to ensure women's health and keep them away from gynecological diseases.

Women physiologically need to go through stages such as menstruation, pregnancy, childbirth and breastfeeding, which may lead to qi and blood disorders and visceral dysfunction, thus causing gynecological diseases. Psychologically, women tend to ignore some mild gynecological symptoms, such as lumbosacral soreness, lower abdominal pain, itching, increased leucorrhea, vaginal bleeding, etc., which are considered to be normal physiological phenomena. However, ignoring this may lead to the occurrence of phlegm diseases such as vaginitis, cervicitis, cervical erosion, endometritis, adnexitis, pelvic inflammatory disease, uterine and pelvic hydration, uterine fibroids, ovarian cysts, etc., and may even develop into cancer, which ultimately threatens life.

### Section II Causes and Conditions of Gynecological Diseases

The occurrence of a gynecological disease should have three factors:

1. The source of infection. Bacteria, viruses and other pathogens;
2. Susceptible people. People with endocrine disorder, weak constitution, and poor immunity;
3. Route of infection. Vulvar uncleanness, various gynecological surgeries, uterine surgery, sex life, menstruation, overwork, etc.

Causes of gynecological diseases:

Female physiological characteristics: the unique physiological structure of women.

The female reproductive organs are semi-open. The upper end of the vagina is the urethra, and the back end is the anus. The female reproductive organs have two natural barriers, which block the superior attack of various pathogens of gynecological diseases. There is also a health

guardian lactobacillus in the female vagina. Among the active bacteria discharged from the vagina of healthy women, the number of lactobacillus can reach 80 million/ml, accounting for about 80% of all bacteria, so in medicine, the number of Lactobacillus invaginal secretions are often used to evaluate the cleanliness and self-cleaning function in the vagina, and the female reproductive organs are in a warm and humid environment. Once the germs and pathogens have the opportunity, they are easy to breed and reproduce, thus affecting the health of female friends themselves, (especially before and after menstruation, after fatigue, after sex life).

Menstruation refers to the periodic shedding and bleeding of the endometrium caused by cyclical changes in the ovaries. For example, the shedding of the endometrium, the uterine wall can form wounds, which is susceptible to bacteria and pathogens. During menstruation, due to pelvic bleeding, the nerves and body fluids of the whole body undergo significant changes. At this time, the body's resistance decreases, immunity is poor, and menstrual blood is weakly alkaline. Therefore, the weakly acidic environment in the vagina during menstruation will be destroyed. At this time, it is susceptible to the invasion of bacteria and pathogens, leading to reproductive tract infection. Menstrual blood is dark red. In addition to blood, there are also endometrial fragments, cervical mucus and shed vaginal epithelium. Menstrual blood contains prostaglandins and a large amount of fibrinolytic enzymes from the endometrium. Because fibrinolytic enzymes have a dissolving effect on fibrin, menstrual blood generally does not coagulate. Generally, women have no special symptoms during menstruation, but during menstruation, due to pelvic congestion and the effect of prostaglandin, some female friends may have lumbosacral prolapse or uterine contraction pain and may have mild gastrointestinal disorder, and a few may have headaches and mild neurological instability. Due to the outflow of menstrual blood, women's self-resist Weakness, poor defense function, and menstrual blood is a good culture base for bacterial pathogens. The probability of infection is quite high. Under normal circumstances, there are 29 pathogens in women's vaginas. Most of these pathogens live in the wrinkled walls of the women's vaginal mucosa. Usually, the growth is inhibited by the action of Lactobacillus. During the menstrual period, the trichomonas and mold remaining in the vaginal wrinkle wall will take the opportunity to rekindle, forming trichomonas and colpitis mycotica. If a woman originally suffers from inflammation of the upper genital tract: vulvitis, vaginitis, cervicitis, etc., it will aggravate the condition during menstruation, causing gynecological diseases to reappear, so the probability of gynecological diseases during menstruation is quite high.

Unclean sex life between men and women is also a major cause of gynecological disease infection. According to statistics, 80% of gynecological diseases occur after sex. The foreskin of the male genitals also contains a large number of pathogenic bacteria, among which the most carriers are HPV (human papillomavirus), mycoplasma and chlamydia. Male semen is neutral, and the PH value in the female vagina may change after sex, so cleaning and nursing before and after sex are particularly important.



### Section III Pros and cons of traditional treatment methods

Most of the traditional gynecological external dosage forms are used for treatment on the market, such as tablets, suppositories, lotions, etc.; when tablets and suppositories are used, the drug is placed in the back vault of the vagina. Because women's vaginas are long, they generally cannot be placed in the correct position. The drug is dissolved into liquid under the action of body temperature and secretions in the vagina, and is discharged out of the vagina with the body as the body sits and walks, causing pollution of clothes, pants and bedding, forming a source of cross-infection, and affecting the treatment effect.

Lotion is very popular with female consumers because of its ease of use and low price. Some women also think that gynecological diseases can be washed away. Lotion needs to be carried out at a specific time and in a specific environment, and the concentration of the amount of medicine is not easy to grasp, which is easy to destroy the micro-ecological environment of the vagina, and the lotion stays in the lesion for a short time, so not only did it not play a positive role, but it also caused a negative impact. In addition, it is inconvenient to carry the lotion outside and use it, and the traditional concept of treating gynecological diseases is characterized by the use of large doses of antibiotics or chemical drugs to control or anti-inflammatory and

sterilize gynecological diseases during treatment, which also brings a fairly high recurrence rate of complications after the treatment of gynecological diseases. At the same time, antibiotics themselves have a half-life, and they are very time-conscious during use. In addition, the use of large doses of antibiotics will cause resistance to bacterial pathogens. At the same time, oral antibiotics should be absorbed by the gastrointestinal mucosa and then transported to the site of the disease. Most of the drugs will be excreted with defecation, and less than one-third of the drugs have a therapeutic effect. At the same time, oral medicine must be detoxified by the liver and kidney, which will seriously damage the liver and kidney function.

Therefore, the majority of female friends who have been troubled and tormented by gynecological diseases for a long time need a new product with unique special effects that can both prevent and treat.



## Chapter II The World's First Gynecological Health Concept and New Products

### Section I Zimeishu Product Design Principle

The world's first new drug to prevent and treat gynecological diseases - "Zimeishu" was born. The new generation of "Zimeishu" is developed according to the special needs of female friends and designed according to the unique physiological structure of women. The main functions are: first, to block the source of gynecological diseases; second, to regulate endocrine, activate egg cells, restore the function of female reproductive organs, and prevent the decline of sexual organs; third, to treat gynecological diseases. : Directly treat vulvitis, vulvar itching, odor removal and other initial and superficial gynecological diseases, and assist in the treatment of cervicitis, adnexitis, disc inflammation, etc. "Zimeishu" adheres to the concept of "the first doctor is not sick" in the essence of traditional Chinese medicine. It is based on a variety of plant essences, and uses the most advanced sterilization material in the world - a silver ion to penetrate into the field of gynecology.

As a new topical gynecological drug, "Zimeishu" has the dual function of preventing and treating gynecological diseases. Silver ion is a powerful bactericidal agent, which has a strong bactericidal effect on 650 pathogenic bacteria, such as escherichia coli, gonococcus, mycoplasma, chlamydia, mold and protozoa, etc., with a bactericidal power of up to 99%. Silver ions do not participate in metabolism in the body, do not produce toxic side effects, and do not produce resistance to pathogenic bacteria. In the process of use, silver ions can also improve the immunity level of the human body, which is internationally regarded as the safest and most efficient ideal sterilization material.

"Zimeishu" is based on the essence of traditional Chinese medicine, and combined with the latest research results of modern pharmacology, traditional Chinese medicine meridians, modern physiological anatomy, immunology, microcirculation, reproductive physiology and endocrinology, and is a new gynecological drug with unique effects developed by modern traditional Chinese medicine preparation technology. It has obvious antipruritic and ease pain effects, which can fight fungi, antigens and viruses, and enhance the body's disease resistance. In addition, it is non-toxic and non-irritating allergic reactions, which has a significant preventive and therapeutic effect on gynecological diseases.

"Zimeishu" contains 38 flavors of plant essences: angelica, earthy poring, snake bed, yellow cypress, bitter ginseng, Baibu, etc.

The main effects of "Zimeishu": sterilization, anti-itching, dryness and dampness, astringency, clearing heat and detoxification, regulating menstruation and stopping leucorrhea, coordinating chong and conception vessels, tonify blood and qi.

### Section II The action principle of Zimeishu products

As the world's first new drug for the prevention and treatment of gynecological diseases, "Zimeishu" avoids different degrees of defects and disadvantages in traditional treatment and creates a new era of prevention of gynecological diseases. It absorbs the international advanced transdermal absorption and administration technology, and is a medical quality product. It has obvious antipruritic, labor, antifungal, anti-viral and antiviral effects, which can enhance women's disease resistance and immunity. The absorption capacity of the female vulva is relatively strong. The female vulva includes large and small labia, clitoris, perineum, urethral mouth, vestibular gland, paraurethral gland, etc. These parts contain a rich direct vein vascular network, lymphatic vessels with sensitive nerves and blood vessels, and the microcirculation network is also very dense. In particular, the thin venous wall of the female pelvic cavity is relatively thin and there is no anterior venous valve. These physiological and anatomical characteristics are conducive to the absorption and storage of "Zimeishu" drugs, and achieve the purpose of treating an internal illness by external treatment.

### Section III "Zimeishu" Product Prevention and Treatment Principle

"Zimeishu" has the skills of preventing and treating a variety of gynecological diseases, including dysmorrhoea, dysmenorrhea, exocytitis, trichomonas vaginitis, glycobacterial vaginitis, senile vaginitis, young female vaginal warmth, non-specific vaginitis, cervicitis, cervical erosion, adnexitis, endometritis and pelvic inflammatory disease. It can also promote wound healing after childbirth and abortion, and prevent wound infection. After using it, "Zimeishu" gives people a refreshing and comfortable feeling, which is convenient to use and has no reed side effects. It can improve the disease resistance and immunity of the female reproductive system. In addition, "Zimeishu" also has the effect of preventing and treating sexually transmitted diseases, such as HIV. HIV can destroy the immune function of the human body. There may be some pathogenic bacteria and pathogens in the normal human body. When the body's immunity declines and the resistance weakens, these pathogens have the opportunity to invade the body. Once you suffer from gynecological diseases, especially in the case of trauma and erosion, you are more likely to be infected with HIV (human immunodeficiency virus). Especially in the case of severe cervical erosion (third-degree cervical erosion), it is more susceptible to HPV (human papillomavirus) infection, which leads to the occurrence of cervical cancer.

### Section 4 Analysis of the technical content of Zimeishu products

The uniqueness of the technical content of "Zimeishu" is reflected in two aspects:

I. Humanized gynecological external dosage form; Unlike traditional lotions, suppositories, effervescent tablets, ointments, gels and other conventional external dosage forms, "Zimeishu" adopts the external dosage form for gynecological use. This dosage form overcomes many shortcomings of the traditional external dosage form, reflecting the characteristics of humanization, convenience, practicality and effectiveness of gynecological diseases. It saves female friends from the embarrassment and pain caused by various gynecological diseases, makes it easy to prevent and treat various gynecological diseases, and makes it effectively controlled and treated by gynecological diseases unconsciously.

II. Efficient and safe sterilization technology: "Zimeishu" adopts the internationally recognized and most advanced sterilization technology in the field of gynecology - "silver ion coating sterilization technology". This technology has the following advantages:

1. Silver ions are positively charged and can bind to negatively charged bacteria and pathogens, inhibit their respiration, and enter their interiors to destroy DNA bonds, resulting in their death. Silver ions then continue to free and attack the next flora. Therefore, even a small amount of silver ions can kill a large number of bacteria and pathogens.

2. Silver ions have no half-life in the sterilization process, can be continuously sterilized, and will not cause bacteria and pathogens to develop resistance to drugs, which is the biggest

difference from ordinary antibiotics and chemical bactericides. Therefore, the sterilization effect of silver ions is more thorough and safe.

3. Silver ions can completely remove inflammatory secretions and repair vaginal mucosal damage caused by drugs and inflammation.

4. Silver ions can promote the metabolism of cell tissue and restore the normal physiological function of mucosal tissue. Therefore, silver ions have many effects such as prevention, sterilization, anti-inflammatory, elimination of drug toxins, promotion of tissue regeneration and self-healing. These effects are unique to silver ions and cannot be replaced by other external gynecological dosage forms.

A brand-new scientific concept of protection. At present, there are three major trends in gynecological diseases:

1. More and more people are getting sick;
2. The people affected by the disease is getting younger and younger;
3. The mixed infection rate and recurrence rate are quite high.



It has been proved by medical research that the above phenomena are all caused by unscientific treatment methods. For this reason, "Zimeishu" proposed the "three barrier protection theory":

1. Nursing barrier: effectively block bacterial pathogens that may invade the infectious portal, keep the female vulva clean at all times, and eliminate the occurrence of gynecological diseases from the source;

2. Pathological barrier: effectively kill pathogens in the vulva and vagina, remove drug toxins, eliminate inflammatory substances, repair cell tissue damage caused by inflammation and drugs, and promote wound healing;

3. Physiological barrier: keep the female vulva clean at all times (this is the biggest difference from other external pads), constantly improve women's ability to prevent and resist diseases, and effectively prevent the decline of sexual organs.

**Silver ion sterilization**

*Let the bacteria have nowhere to hide*

## Section 5 International Cutting-edge Gynecological Health Concept

Based on the "three barrier protection" of "Zimeishu", Wanan Pharmaceutical put forward the modern protection concept of gynecological diseases and the modern treatment concept of gynecological diseases.

Zimeishu's modern gynecological joint treatment concept: the toxic side effects of damage and drugs in the treatment of gynecological diseases on women's internal and external reproductive organs and systemic are obvious. The value of combined treatment and protection of gynecological diseases is much higher than pure gynecological treatment. Zimeishu's modern gynecological protection concept is to integrate protection into the treatment process of gynecology and the daily nursing process of women. Zimeishu can effectively exclude gynecological pathogens from the infection portal, and can eliminate and kill pathogens that have been infected to the vulva in time; so that the early stage of infection of gynecological inflammation can be treated in time, and gynecological diseases can be eliminated in the bud. Gynecological medicine experts believe that gynecological diseases can be completely prevented and controlled. To truly solve the repeated attacks of gynecological diseases and intractable diseases such as long-term incurable diseases, it is necessary to use the "modern gynecological joint treatment concept" to guide daily nursing and enhance the function of women's resistance to diseases through the "modern gynecological three barrier protection".

The nursing of modern gynecological diseases should start from female puberty. Due to the gradual maturity of various physiological functions of women in adolescence, coupled with the opening up of modern society, the health problems of puberty women are increasingly prominent. According to the May Day Golden Week survey, about 30% of women who went to the hospital for abortion during this period were ectopic pregnancy. Gynecologists pointed out that the main cause of ectopic pregnancy is inflammation of the fallopian tubes. When bacteria infect the vulva or enter the vagina and cannot be effectively removed, it may lead to the development of cervicitis into salpingitis. The consequences of salpingitis are serious. Mild cases can cause ectopic pregnancy, and severe cases can even lead to tubal rupture and massive bleeding, which has a long-term impact on the health of young women and even endangers their lives. Gynecological care for puberty women is crucial to lifelong health, so gynecological care should start from puberty. As a menstrual care product, Zimeishu is mainly used three days before menstruation and four days after menstruation. Three days before menstruation, the endometrium is in the secretion period. Women's pelvic cavity is congested, edema, and the resistance of the whole body decreases, and it is prone to premenstrual syndrome. At this time, using Zimeishu can block and kill pathogens and improve self-protection ability. Menstrual period is the period when women's immunity is the weakest, and many gynecological diseases are easily infected at this time. Using Zimeishu can protect women from infection. During menstruation, alkaline menstrual blood may destroy the vaginal ecological balance, and the use of sanitary napkins may cause mold residue. The use of Zimeishu helps to remove and kill pathogens and ensure menstrual hygiene. Women's special physiological structure leads to many gynecological diseases, but they can be avoided with appropriate preventive measures. The appearance of Zimeishu brings hope to women's health. It only needs to be used three days before and four days after menstruation, which can easily and conveniently reduce the incidence of gynecological diseases and improve the quality of life. Therefore, using Zimeishu again four days after the end of menstruation can remove bacteria and pathogens that may be infected, and treat mild infections in time. This is the core of Zimeishu's combination of protection and treatment in modern gynecological treatment.

## Section 6 Epoch-making concept of gynecological treatment - combined treatment

The traditional concept of gynecological treatment is a pure treatment process, which causes damage to the body while killing pathogens. This vicious circle of "treatment→injury→recurrence→ repeated treatment→larger injury" is the main reason for the long-term incurability of gynecological diseases. Because clinical medical has long been unable to fundamentally solve the problem of gynecological treatment and medication, a relatively mild local gynecological inflammation, due to effective treatment, eventually leads to the inflammation gradually becoming a stubborn chronic gynecological disease, destroying women's health and even threatening their lives. Based on this, Wanan pharmaceutical put forward the concept of joint treatment to scientifically solve the outstanding problems of clinical medicine for many years. The significance of "joint treatment" is that in the process of treating gynecological diseases, it can effectively improve the bactericidal effect of therapeutic drugs, shorten the use time of therapeutic drugs, improve the therapeutic effect, shorten the course of treatment, eliminate the toxic side effects of drugs on cell tissue and body in time, and quickly repair damaged tissue cells, and in a short time to restore the physiological barrier in the vagina destroyed by drugs. In the process of drug treatment, damage is inevitable. Some injuries are local, and some injuries are systemic. No matter which kind of injury, it not only lays the root of the recurrence of the next gynecological disease, but also increases the difficulty of the next treatment. Due to the pathogen produced drug resistance, the treatment time was greatly extended, and the dose of the drug increased, causing more serious damage. Therefore, the concept of modern gynecological joint treatment is to adopt the "joint treatment" method and use the "three barrier protection" effect of Zimeishu to effectively solve a series of problems that are difficult to solve in the process of traditional gynecological treatment, such as the toxic side effects of gynecological drugs, local and systemic damage problems, long treatment cycle problems, pathogen drug resistance problems, physiological barrier function loss problems, long-term local and general discomfort after gynecological medication, local organ function degeneration and repeated attacks of gynecological diseases. So as to fundamentally re-understand the concept of gynecological disease treatment, scientifically and effectively treat gynecological diseases, and improve women's physical health which is extremely important.

### Combined treatment of vulvitis (direct):

Vulvitis is a common disease that can occur at all ages, mainly caused by vulva unclean or foreign body stimulation. Cause: The vulva is close to the urethra and anus, and is often contaminated by menstruation, vaginal secretions, urine stains and feces, followed by diabetes, the stimulation of urine sugar, wearing tight jeans or chemical fiber underwear, resulting in poor local ventilation, excessive vulva temperature, vaginal moisture and the use of unclean sexual products, which can lead to vulvitis.

Symptoms: itching, pain, burning, congestion, swelling, erosion, ulcers, rupture

Function and principle of treatment:

"Zimeishu", using silver ions as a bactericide, can kill and remove germs in the vulva in time, inhibit the reproduction and deep infection of germs, and keep the female vulva clean at all times. "Zimeishu" contains natural medicinal essence, which makes women's vulva feel fresh and comfortable, and relieves itching, pain and discomfort caused by vulvitis.

### Vulvovaginal candidiasis (auxiliary):

It is a common vaginitis, mostly caused by *Candida albicans*. *Candida coccus* usually parasitizes in women's vagina, intestines and mouth. When the glycogen in the vagina increases and the acidity increases, it breeds rapidly and causes inflammation. Therefore, it is more common in pregnant women and diabetic patients, patients who use a lot of estrogen or use antibiotics for a long time. It will cause disorders in the vaginal flora, resulting in the disorder of the micro-ecological environment in the vagina, thus changing the mutual inhibition relationship of the parasites in the vagina, which can cause infection.

Symptoms: vulvar itching, burning, restless sitting and lying, large amount of leucorrhea, like milky or white tofu residue, may be accompanied by urinary tract infection symptoms such as frequent urination, urinary urgency and urinary pain. There are sexual intercourse pains, redness and swelling of the vulva, eczema erosion, ulcers in severe cases, and lymph node enlargement of the vulva local.



## "Zimeishu" combined treatment:

Local medication

"Zimeishu" + vaginal suppository (Daktarin suppository, grammidazole suppository, mold suppository, choose one of them)

"Zimeishu" 1-2 patches a day, 1 vaginal suppository per day.

Sex and bathing are strictly prohibited during treatment

## "Zimeishu" plays an auxiliary therapeutic role for fungal vaginitis:

It can protect the vaginal mucosal tissue and maintain the living environment of beneficial bacteria: as a high-efficiency antibacterial agent, silver ions can accurately identify the bacterial flora and effectively maintain the living environment of beneficial bacteria.

Quickly eliminate symptoms: The plant essence in "Zimeishu" makes women feel refreshed and comfortable after using it, and immediately relieves itching, pain, dryness and other discomfort caused by mold.

Prevent cross-infection: The suppository will dissolve at room temperature in the human body, and the unabsorbed solution can flow out of the body, polluting underwear and bedding, causing cross-infection.

Prevention of recurrent attacks: vulvovaginal candidiasis is an extremely prone disease of recurrent attacks, because mold can penetrate the subcutaneous mucosa 2mm, it is generally difficult to remove and kill. Once there is a trigger, VVC will attack again. Using the "three barriers protection" of "Zimeishu", it can block external germs and remove the trigger. Secondly, silver ions have strong penetration, which can kill deep-lurking molds. Long-term use can promote the acid-base balance and PH value remains normal in the vagina, completely gets rid of the repeated attacks of VVC.

## Combined treatment of pelvic inflammatory disease (auxiliary):

Female internal reproductive organs: the uterus, fallopian tubes, ovaries, pelvic peritoneum and their surrounding connective tissues occur inflammation are called pelvic inflammatory disease. The main transmission routes are: upward infection, blood circulation infection, lymphatic system spread, and infection of nearby organs (appendicitis). Pelvic inflammation is a common gynecological disease. Inflammation can be limited to one part, or it can occur in several parts at the same time. It is divided into acute and chronic. Cause of the disease:

1. The body's immunity is reduced, anemia, malnutrition, and chronic wasting diseases (tuberculosis, diabetes); 2. Do not pay attention to personal hygiene, especially the lack of scientific nursing in the five stages of women (menstruation, pregnancy, delivery, puerperium, menopause), infection during childbirth, such as long delivery, postpartum hemorrhage, birth canal tear and other midwifery surgeries such as rupture, obstetric forceps, artificial removal of the placenta, perineal incision, etc.

### Treatment:

The three-step therapy of "Zimeishu" can be used: (1) Oral anti-inflammatory drugs during menstruation (three to seven days, not more than seven days); (2) Hot compress with salt and stir-fried pepper: mix two catties of sea salt (large salt) and two taels of pepper, stir-fry in a small pot over low heat, and then put it in a cloth bag and tie it tightly, and apply a hot compress on the lower abdomen (two horizontal fingers under the navel), twenty to thirty minutes each time, two or three times a day, and change the pepper once every ten days. (3) At the same time as the hot compress of salt-fried pepper, use "Zimeishu" every day, and apply it twice a day. Silver ions can effectively prevent bacterial pathogens from entering the reproductive tract. At the same time, it can kill pathogens in women's vaginas and prevent deep-seated infections. At the same time, the plant essence in the medical pad can activate blood and dissolve stasis, clear heat and detoxify, and improve women's own resistance and immune function.

## Section 7 The superior effect of "Zimeishu" in the prevention and treatment of gynecological diseases

According to the physiological structure of women and the pathogenesis of gynecological diseases, "Zimeishu" combines the early prevention and control of gynecological diseases with the later treatment and nursing, which effectively eliminates the damage of gynecological diseases to women's bodies in the treatment, and plays a role in the combination of prevention and treatment. Women's reproductive organs are the nutrition and metabolism of double vascular supply organs. The ovaries have the function of secreting female hormones, which can directly affect women's secondary sexual characteristics. The extract of silver ions and natural plant essence in "Zimeishu" is absorbed through the skin, which regulates the balance of the micro-ecological environment in the vagina, regulates the endocrine system, improves the disease resistance of the reproductive organs, and delays the decline of the reproductive organs. On the other hand, if these organs occur, "Zimeishu" can play a role in treatment and improvement in time, and restore the function of female reproductive organs to normal. Women's menstrual disorders, abnormal white belt, low sexual function and other symptoms have disappeared, which is the reason why "Zimeishu" can play an effective role in prevention, nursing, regulation and treatment in normal physiological and pathological conditions.

Gynecological diseases are mainly upward infected. How to prevent the occurrence of gynecological diseases and treat gynecological diseases safely and effectively, the method and way of drug administration in treatment have become the key. Based on the "Modern Gynecological Triple Shielding and Protection Theory", Zimeishu put forward the principle of prevention and treatment of "combining prevention and treatment, prevention-based, treatment in prevention" for gynecological diseases, which has received remarkable results.

## Section 8 The global influence of "Zimeishu"

The world's first new generation of "Zimeishu" is a new topical drug for gynecological diseases, integrating prevention, treatment and health care. Among them silver ion is a super strong bactericide, and its sterilization efficiency can be as high as 99%. At the same time, silver ions will not participate in human metabolism, have strong permeability, and will not lead to drug resistance. Even a small amount of silver ions can kill a large number of pathogens, and its resistance effect is long-lasting. Zimeishu" has achieved the purpose of external treatment of internal diseases through external mucosal absorption, and created a new era of gynecological disease prevention and health care. This innovation has brought good news to the prevention and health care of gynecological diseases in the 21st century. It is popular with the majority of domestic women and foreign women in many countries. Zimeishu have already sold to Russia, Ukraine, Pakistan, UK, Germany, South Africa, Iran, Israel, Syria, Colombia, New Zealand and other more than 40 countries and regions, the annual export value has exceeded two million dollars.



## Section 9 The broad adaptability and characteristics of "Zimeishu"

Wanan Pharmaceutical actively carries out public welfare lectures all over the country, providing valuable opportunities for female friends in trapped areas who are usually difficult to receive education on gynecological diseases, so that they can listen to new scientific knowledge and improve their awareness of health. The popularity and influence of these activities are great, effectively promoting the harmony of the family and society.

The public welfare activities of the Ministry of Women's Workers of Trade Unions at all levels and Shaanxi Wanan Pharmaceutical Co., Ltd. fully demonstrate the humanistic spirit of "people-oriented". The activity always insists on serving female friends wholeheartedly, and has a closer and deeper understanding of their needs. Whether it is lectures on health care knowledge or activities for female workers to prevent gynecological diseases and two cancers, it reflects this core value. Since the launch of public welfare activities, Wanan Pharmaceutical has continuously enriched the teaching content and team of gynecological experts, and expanded the lectures to a deeper level, extending from economically developed areas to the central and western regions, and approaching the majority of residents, migrant workers and female friends of ethnic minorities to meet their needs and improve their quality level. By reducing and preventing the occurrence of gynecological diseases, Wanan Pharmaceutical strives to improve the physical and mental health of female friends and contributes to the well-being of female friends.

How can we prevent gynecological diseases safely and effectively?  
Why is it so difficult to be a woman...



The world's first new generation of "Zimeishu" is a new topical drug for gynecological diseases, which integrates prevention, bath treatment and protection. Among them, silver ions are a kind of super germicidal thorn, and its killing efficiency can be as high as 99%. In the meantime, it must be higher than the metabolism of me and the human body, so there are no toxic side effects, strong permeability, and will not lead to drug resistance. Even a small amount of silver can kill a lot of pathogens, and its antibacterial effect is long-lasting.

Female friends' long-term depression, mental stimulation and trauma, or overwork due to study and work and excessive housework, may lead to neurotic disorder and endocrine dysfunction in the body, which will lead to menstrual irregularities, dysmenorrhea, amenorrhea and other symptoms. Therefore, female friends should maintain an optimistic and stable mood in daily life and maintain a balance in the body environment, which is very important to ensure good health. The plant essence in "Zimeishu" can restore the two major imbalances caused by gynecological inflammation and restore normal function. At the same time, it can also activate egg cells, promote the secretion of sex hormones, and stimulate periodic changes in the uterus, thus restoring the regularity of menstruation and ovulation, and balancing endocrine. These effects can make female friends have a rosy complexion and delicate skin, and maintain their youth forever.

Zimeishu suitable for the following groups of people:

- Women in the workplace who pay attention to their own health and care
- Postpartum and post-abortion women
- Shallow patients with first-time gynecological diseases. ( The symptoms are relatively mild, with itching and mild odor vulvitis, vulvar eczema, mild VVC, bacterial vaginitis, etc., which can be controlled and treated in time)
- Patients with deep infection of gynecological diseases, long course, and mixed infection with more than two pathogens (severe VVC, senile vaginitis, cervical erosion, endometritis, adnexitis, etc., can be controlled and treated in time)

"Zimeishu" is the first choice of women and anti-infection promote wound healing women's care products, which are suitable for patients of gynecological diseases with different types. By using "Zimeishu", female friends can improve their gynecological health and stay young and beautiful.

"Zimeishu" has five characteristics:

1. Fast on-effect and high security. Anti-inflammatory and odor-removing, without destroying the micro-ecological balance in the vagina.
2. Keep the vulva clean at all times, which is convenient and hygienic. Silver ions can not only kill bacteria, but also block pathogens from private parts, germs and pathogens don't have chance to invade. The medicine pad is individually packaged, which is safe and hygienic.
3. Continuous care. Because the chance of vaginal contamination during the day is more than at night, vaginal secretions are two to four times more during the day, the vaginal temperature during the day is two degrees higher than that at night, and the chance of pollution during the day is six to eight times higher than at night. Female friends, if they only take care at night, it will prolong the period of the disease, and gynecological diseases are prone to recurrence. Only continuous nursing treatment at day and night can completely get rid of the trouble of gynecological diseases.
4. Refreshing and comfortable. The shape of the humanized medical pad is comfortable and soft, refreshing and moisturizing.
5. Non-damaging treatment. "Zimeishu" uses a broad-spectrum antibacterial material - silver ion, and the sterilization process adopts physical damage-free treatment.

### Chapter 3 "Zimeishu" spreads the concept of health in China and benefits hundreds of millions of women

Adhere to the purpose of "people-oriented": wholeheartedly serve to improve the quality of women, thoroughly implement the quality improvement project of female employees, promote women's physical and mental health, and enhance self-protection awareness. The female workers of the All-China Federation of Trade Unions join hands with Shaanxi Wanan Pharmaceutical Co., Ltd. to widely carry out the public welfare activities of "Health Care Knowledge Lectures for Female Employees" in the form of mobile classrooms in the national courtyard. From 2001 to now, a total of 112,667 lectures have been held, benefiting 60 million female employees, covering 31 provinces, autonomous regions and municipalities directly under the Central Government across the country, benefiting 37,080 enterprises and institutions across the country. For many years, Wanan Pharmaceutical has always insisted on this activity. Over the past ten years, Wanan people have adhered to the social responsibility of doing practical things for female employees, doing good things, and solving difficult problems. They are deeply aware that the highest level of running an enterprise is to respect God and love people. With high-quality products - "Zimeishu", they have effectively solved many problems of gynecological diseases for female friends. With rich and profound science, society and Psychological knowledge helps female friends constantly learn to treat gynecological diseases correctly, abandon backward concepts, and be the master of their own life and health. Shaanxi Wanan Pharmaceutical bears all the expenses of the activity, serves female friends wholeheartedly, brings professional gynecological health care knowledge to female friends, improves the health awareness of female friends, and is deeply welcomed by the majority of female friends. These public welfare activities fully reflect the humanistic care for female friends of party organizations at all levels and women's ministries of trade unions at all levels. Its characteristics and effects mainly reflect that party organizations at all levels and women's ministries of trade unions at all levels attach importance to protecting the special rights and interests of female friends. Ding Dajian, then Minister of the Women's Workers' Department of the National Assembly, proposed at the first meeting of the fifth session of the Women's Workers' Committee of the National Assembly: "We should take the quality of female workers to a new level, and vigorously carry out thematic education on the quality of female employees in the form of online classes and mobile classes." The women's ministries of trade unions all over the country attach great importance to it and actively respond to it. It takes "lecture activities for female workers to prevent gynecological diseases and prevent two cancers (breast cancer and cervical cancer) as the main content of improving the quality of female workers. It is well organized, solid and orderly, and carried out quickly". The continuous expansion of the female beneficiaries had a huge impact on the whole country.

Shaanxi Wanan Pharmaceutical Co., Ltd. cooperates closely with the women's ministries of trade unions at all levels across the country to provide high-quality, high-level and highly professional services for female friends. A group of experienced gynecology experts have been organized to teach and solve problems for female friends, covering from women's health to the prevention and treatment of gynecological diseases, from marriage and family to the protection of women's special rights and interests. These lecture activities are rich and diverse, not only knowledgeable, professional and scientific, but also interesting, and have been affirmed by trade union organizations and female friends at all levels. Under the current severe situation of high incidence of gynecological diseases and two cancers, these activities provide valuable health knowledge and support for grass-roots female friends to protect their special rights and interests.

Since entering the new period, the education to improve the quality of female workers actively carried

out by party organizations at all levels and the female labor departments of trade unions at all levels has reached a new climax. It not only pays attention to safeguarding the special interests of female workers, but also attaches importance to strengthening the labor protection of female workers. Through the "Lecture on Health Care Knowledge of Female Employees", gynecological experts organized by Shaanxi Wanan Pharmaceutical combine the protection of the special rights and interests of female workers with the scientific prevention and treatment of gynecological diseases,

practical thing to do for female friends. Therefore, the women's work departments of local trade unions have sent letters one after another, saying that Shaanxi Wanan Pharmaceutical insists on carrying out the public welfare activity of "Lecture on Health Care Knowledge for Female Employees", which was once listed as one of the top ten public welfare marketing events in China by China's Businessman of the year, and was called the most persistent public welfare activity in China. The public welfare activity "Women's Employee Health Knowledge Lecture" sponsored by Shaanxi Wanan Pharmaceutical Co., Ltd. has been launched since 2001, more than 60 million female employees have directly benefited, covering 31 provinces, autonomous regions and municipalities directly under the Central Government, involving enterprises and institutions across the country. Wanan Pharmaceutical has been producing women's health pads and "Zimeishu" is the main product, committed to the cause of women's health, and sincerely casts the brand of Wanan Pharmaceutical. As the Bible says, "Houses should be built on the rock", and public welfare should to a certain extent become the rock of the enterprise's long-term survival.

### Chapter 4 Zimeishu's Clinical Data Analysis

"Zimeishu", a product of Shaanxi Wanan Pharmaceutical, has been verified by clinical trials by Shaanxi Provincial People's Hospital and Shaanxi Provincial

| Group              | Cases number | Fully recovered | Effect show | Effective | Invalid | Total efficiency |
|--------------------|--------------|-----------------|-------------|-----------|---------|------------------|
| Experimental group | 240例         | 24              | 116         | 92        | 8       | 96.7%            |
| Control group      | 80例          | 0               | 8           | 60        | 12      | 89.0%            |

#### Conclusion of clinical trials:

"Zimeishu" developed and produced by Shaanxi Wanan Pharmaceutical Co., Ltd. after clinical trials of 80 cases, it has shown that the product has reliable safety and effectiveness, and is suitable for the treatment of gynecological VVC, non-specific vaginitis, vulvar itching, vulvar eczema, cervicitis, pelvic inflammatory disease, adnexitis, etc. lead to symptoms such as vulva itching and leucorrhea increased have a certain auxiliary therapeutic effect, which can improve the disease resistance of female reproductive organs, which is suitable for clinical use.

#### Notes:

This product is a gynecological external prevention and health care product. It is sterile sealed and ready to use.





姊妹舒<sup>®</sup>  
高科技妇科产品

月经前三天和月经后四天，每天1-2贴轻松远离妇科病

## Women's physiological health small test

- 1 Have you done the necessary hygiene care during the susceptible period before and after menstruation? A. Y B. N
- 2 Will you take measures when you have menstrual pain? A. Y B. N
- 3 Do you know the common sense of nursing during the period of abortion and postpartum? A. Y B. N
- 4 Do you have the necessary pudendum nursing to prevent bacterial invasion before and after swimming? A. Y B. N
- 5 Do you know that using washing liquid and excessive washing in daily care will destroy the acid-base balance in the vagina? A. Y B. N
- 6 Do you know that many gynecological diseases are caused by the use of unclean sanitary pad or expired sanitary pad? A. Y B. N
- 7 Is your privacy protection good when traveling and business trips? A. Y B. N





## Zimeishu/Small Theater

### *Misunderstandings of female pudendum care*

#### ► Scene 1: Trouble brought by tight underwear

Pathological barrier protection: clean up inflammatory substances and inhibit deep infection of the vaginal mucosa; have a good protective effect on healthy tissues and cells; quickly repair the damage of inflammatory trauma drugs to healthy cells and protect the healthy vaginal tissue.

At 10 am on weekends, Peggy asked her boyfriend to go shopping. Shopping is a woman's patent. Peggy, who is in good shape, has a hobby of buying a variety of tights, even underwear.

Sounding: the source of femininity and charm. ...

**Keywords: lifestyle, personal behavior**

**Dr. Zimeishu:** hardly imagine that whether it's tights or all kinds of so-called "body-shaping underwear", they are the crux of gynecological diseases. It is reported that the incidence of gynecological diseases in China is as high as 86%.

There are three reasons: first, the use of drugs is unscientific; second, the lifestyle is unscientific; and third, the behavior is unscientific. For example, the abuse of gynecological drugs and the use of unclean pads; some women like to wear jeans and other tights and synthetic fiber tight underwear; having an unclean sex life in life, touching unclean utensil, etc., which are the culprits of gynecological diseases. Gynecological experts pointed out that the structure of the female genitourinary system makes women very vulnerable to the invasion of gynecological pathogenic bacteria. As long as the human body has a slight immunity, diseases are easy to occur. Many women are unspeakable or do not pay enough attention to the disease. There are some misunderstandings in treatment, the most common of which is the abuse of antibiotics and certain cleaning solutions.



#### ► Scene 2: "The unspeakable hidden" should not be cleaned blindly

Physiological barrier protection: inhibit the respiration of bacteria and viruses, destroy bacterial cell membranes; thus effectively playing a bactericidal and antiviral role; long-lasting antibacterial effect, maintaining the balance of normal bacterial flora and PH value in the vagina, improving the physiological self-cleaning ability of the vagina, effectively blocking pathogens, cutting off the source of infection, and improving vaginal mucosal cells physiological function and ability to resist pathogens, protect the vagina from pathogen invasion and infection.

Peggy, who is a fashionista, soon encountered such an annoying thing: her lower body was red, swollen and itchy. Work and life were naturally greatly affected. Peggy, who lost her face, quickly went to the pharmaceutical supermarket to buy a lot of detergent and suppositories. If she was

**Keywords: traditional therapy, blind cleaning, destroying vaginal self-cleaning function**

**Dr. Zimeishu:** In daily life, many women who pay attention to cleanliness will use various washing liquids to clean the vulva every day. However, it is worth noting that many professional doctors do not agree with this practice and think it is not scientific. The reason is that the female reproductive organs themselves have a complete self-defense system, especially the vagina, which has the function of self-cleaning. Vaginal epithelial cells are rich in sugar. Under normal circumstances, the lactobacillus in the vagina can convert glycogen into lactic acid, making the vaginal environment acidic. PH value is maintained between 3.8-4.5. This environment can inhibit most pathogens and achieve self-cleaning of the vagina. Excessive vaginal cleaning may kill lactobacillus, destroy this natural acid barrier, and provide opportunities for pathogenic bacteria and fungi to grow. This condition is medically called flora disorder, which may lead to infection.



### ► Scene 3: More effective protection and treatment during the day

**Nursing barrier protection:** improve the physiological function of cells and the ability to resist pathogens. It has the effect of nourishing yin and regulating endocrine; nourishing yin, delaying the decline of reproductive organs, and improving the disease resistance of reproductive organs; and has the effect of moistening yin, clearing heat and refreshing care.

More than half a month has passed, and Peggy's symptoms are still good and bad. Moreover, due to her busy work during the day, she couldn't take medicine at all, and the unexpected visit of illness made her very embarrassed. Moreover, the recent company's overtime at night has disrupted her medication time and seriously affected her normal work and life. Therefore, Peggy is distressed....

**Keywords: daytime treatment, vaginal temperature, probability of infection**

**Dr. Zimeishu:** Many professional women will face the same problem. Prevention is the premise of gynecological diseases, and the treatment time and the choice of drugs are also very important. Traditional therapy is constrained by time, space and other conditions, which is not suitable for professional women's busy work, irregular life and other characteristics.

It should be emphasized that the daytime is the key time to treat gynecological diseases. Professional data shows that the average temperature in the vagina during the day is 0.1-0.2 degrees higher than in the evening, and the reproduction rate of microorganisms is more than twice as fast as at night; vaginal secretions during the day are also more than 2-4 times at night. These secretions are conducive to microbial reproduction; and the chance of being contaminated during the day due to going to the toilet and other reasons will be 6-8 times higher than at night! If protective treatment is only carried out at night, it will prolong the disease and reduce the cure rate.

### ► Scene 4: Smart women prepare early

7:00 p.m. on Saturday. Under the softness of her good friend Su Ying, the boring Peggy accompanied her to the party. During the meal, that was called the excellent woman of "Flying Man" became the focus of the audience, and even Peggy, who has always been pretentious, was attracted by her: she told Peggy in the conversation: because the company is engaged in overseas trade, it often goes on business trips. In the face of different environments, the probability of infection with gynecological diseases has also increased greatly. Therefore, we must do a good job of proper protection at ordinary times. If the disease is treated after appearing, the loss will be great.

**Keywords: daytime treatment, vaginal body temperature, probability of infection**

**Dr. Zimeishu:** Prevention is always more important than treatment. For those working women who work with a tight pace, irregular routines, and like to wear tights, gynecological diseases often appear inadvertently. In this situation that makes people talk about the "disease" face color change, preventing gynecological diseases is undoubtedly the best choice. Gynecological diseases are usually caused by the upward infection of germs, and the source of infection is everywhere. Therefore, quickly blocking the source of infection and killing pathogenic bacteria is the key to preventing and treating gynecological diseases. Modern anatomy has proved that the female vulva has a rich capillary network and lymphatic microcirculation network densely, and has a strong ability to absorb drugs. Zimeishu gynecological medical pad is designed for this feature. It can quickly cut off the source of germs in the vulva, kill all kinds of protozoa, and prevent pathogens from entering the reproductive organs. At the same time, the silver-ion moves freely from vulva into the vagina, and the plant essence is quickly absorbed through the vulva skin, which can kill the pathogens that have entered the reproductive organs in time, and accelerate the repair and healing of vaginal mucosal wounds. In addition, Zimeishu can also be used as a preventive care product to effectively prevent the occurrence of gynecological diseases, establish an effective protective barrier for female reproductive organs, and make the prevention and treatment of common gynecological diseases more effective.



### "Zimeishu" is applicable to:

1. Treatment of gynecological VVC, non-abnormal vulvitis, vulvar itching, vulvar eczema;
2. Assist in the treatment of gynecological vaginitis, cervicitis, pelvic inflammatory disease, adnexitis and other gynecological genital infections;
3. Prevent the above-mentioned gynecological diseases and postpartum and postoperative wound infections;
4. Improve the disease resistance of female reproductive organs.





## "Zimeishu" new fashion of gynecological care

### Private care has become a new fashion for women's health.

With the progress of society, people's attention to health has reached an unprecedented level. Modern professional women pay special attention to the embodiment of their own value and quality of life, so they pay more and more attention to health. Beauty exists because of health" has become a deep-rooted health concept in their hearts. In today's era of beauty and fitness, fashionable women have begun to pay attention to the care of their private parts to maintain a fresh and healthy feeling. However, how to maintain a healthy state? Is it through reasonable diet, moderate exercise, regular routine, or a peaceful mentality? Of course, these are all important parts of a healthy lifestyle, but it is far from enough to achieve these! Due to the influence of factors such as environment and stress, women's health problems are becoming more and more prominent, especially the unique semi-open physiological structure of the female reproductive system, which makes gynecological diseases a common disease and high incidence among women, which severely affects women's physical and mental health. Perhaps you are now enjoying the happiness brought by health, thinking that it has nothing to do with the legendary gynecological disease, but in fact, there are many potential health crises hidden under the appearance of seemingly healthy.

- Some of the gynecological pathogenic bacteria in the female vagina are "conditional pathogenic bacteria". There is no problem at ordinary times, but once they encounter fatigue, decreased resistance, environmental changes, etc., they will make waves and cause diseases;
- Some pathogenic bacteria also linger in the external environment, waiting for the opportunity to invade the woman's body. During the "special period" such as menstruation, postpartum or after abortion, they take advantage of the void and enter, leading to infection;
- Toilet paper, sanitary napkins and sanitary pads in close contact with the vulva, a little carelessness will also cause the genitals to be contaminated by germs;
- Improper washing is sometimes not only not beneficial to health, but also destroys the acid-base balance of the vagina, thus providing opportunities for pathogenic bacteria to reproduce and infect;
- Abuse of antibiotics is very likely to cause vaginal flora disorders and lead to local infection, especially the repeated attacks and long-term incurability of VVC;
- Wearing non-cotton tight underwear is also easy to cause increased vulva temperature and humidity, which can lead to pathogenic bacterial infection.



24-hour full-effective protection

**It's better to take precautions in advance than to make up for it afterwards.**

With just a little comparison, we will understand one truth, that is, the investment in disease prevention is far less than the cost of disease treatment; when a disease strikes, you have to invest more time, energy and money to deal with it, and more importantly, your body has been hit, and even your vitality will be greatly damaged. Zimeishu silver-ion gynecological medical pad, a thin piece, supports a health barrier for you 24 hours a day, continuously blocks pathogenic bacteria, effectively improves the disease resistance of the reproductive organs, so that you can easily stay away from gynecological diseases, maintain a refreshing and healthy state at any time, and leisurely exudes charm from the inside out.

**Confidence Stems from the magic of therapeutic effects**  
**Safety Stems from the technological leading**



**Three barriers protection effectively prevents and treats the recurrence of gynecological diseases**  
**Anti-itching bacteria + prevention and treat of health care + improvement of immunity**



1. Pathological barrier protection: clean up inflammatory substances and inhibit deep infection of the vaginal mucosa; have a good protective effect on health and cells; quickly repair the damage of inflammatory trauma and drugs to healthy cells, and protect the healthy tissue of vagina.

2. Physiological barrier protection: inhibit the respiration of bacteria and viruses and destroy the bacterial cell membrane; so as to effectively play the role of sterilization and antiviral, the effect is long-lasting, can maintain the balance of normal bacterial flora and PH value in the vagina, improve the physiological self-cleaning ability of the vagina, directly and effectively block pathogens, cut off the infection route, and improve the vagina mucosal cells physiological function and resist pathogens ability to protect the vagina from pathogen invasion and infection.

3. Nursing barrier protection: improve the physiological function of cells and their ability to resist pathogens. It has the effect of nourishing yin and regulating endocrine; nourishing yin, delaying the decline of reproductive organs, and improving the disease resistance of reproductive organs; and has the effect of moistening yin, clearing heat and refreshing care.

## Teach you a trick - vulva self-examination

- The method of female vulva self-examination can be summarized in three words, namely "see, smell, touch"

| See                                                                                                                                                                                                                                                                                                                                                                                                                  | Smell                                                                                                                                                                                               | Touch                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Use a small mirror, put it under the vulva, move the mirror back and forth, left and right to observe your vulva. In addition, by observing vaginal secretions, such as the color, turbidity and thinness of leucorrhea and menstrual blood, some clues can also be found. Normal leucorrhea is a thin liquid of a clear white color. Normal menstrual blood is generally dark red, and some have a few blood clots. | Smell secretions, menstrual blood or vulva smell. Generally, the normal smell is light fishy, sweaty or odorless. If there is a fishy smell, rotten smell or special smell, there may be a problem. | First, wash your hands and use the "finger abdomen" (commonly known as "finger belly") of the index finger and middle finger, start from the "vulva" part (the top of the vulva), touch the vulva from top to bottom and then to the anus. Touching the vulva normally, it feels smooth and soft. If you don't press hard, you won't feel pain, and you shouldn't touch small nodules or chambers. On the contrary, it may be beneficial to the disease and need to seek medical attention in time. |



- Mistakes in the use of sanitary napkins**
- 1 Don't wash your hands before using sanitary napkins
  - 2 Keep sanitary napkins in the bathroom for a long time
  - 3 Don't pay attention to the validity period of sanitary napkins
  - 4 Frequently purchase and use promotional products, new products and gifts
  - 5 Frequent use of scented sanitary napkins
  - 6 Sanitary napkins that blindly pursue large absorption

*Zimeishu warm reminder: improper use of sanitary napkins will cause gynecological inflammation!*

## The reason for the recurrence of gynecological diseases

- Reason of high incidence of gynecological diseases and Confusion of treatment

Experts pointed out that the unique semi-open physiological structure of the female reproductive system is the main reason for the high incidence of gynecological diseases. At the same time, the use of unclean hygiene care products (sanitary napkins, sanitary pads, etc.) and unclean sex life are also important reasons for the high incidence and recurrent attacks of gynecological diseases. Seeing this, some female friends may ask, I have noticed the questions said by the above experts, but why do I still have gynecological diseases? Moreover, my condition is good and bad, over and over again. The vaginal mucosa is dry, the secretions are reduced, the vaginal elasticity is weakened, the vulva is itchy, and the sex life lacks pleasure, and the endocrine hormone mess, haggard face, pigment spots... Experts said: these are actually the damage caused by improper treatment! This is because: traditional gynecological treatment products have their own limitations, and the triple functions of prevention, nursing regulation and treatment cannot be completed at the same time; especially traditional treatment products, due to the limitations of dosage form, patients with gynecological diseases often have the following disadvantages when using them:

- Destroy the balance environment in the vagina.
- Limited conditions, resulting in the "blank period" of treatment during the day.
- The route of administration is incorrect, slow onset or easy to relapse.
- It is limited by many factors when used, which is inconvenient and prone to cross-infection.
- After some dosage-type drugs are used, they dissolve in the body, and some of them are excreted from the body, polluting underwear and affecting the therapeutic effect.



**The current situation of gynecological diseases**

- According to the statistics of the World Health Organization, 86% of women in China suffer from gynecological diseases, and even up to 90% in some areas.

According to a survey by the World Health Organization, gynecological diseases are important potential risk factors for menstrual disorders, infertility and malignant tumors.

- According to statistics, the incidence and mortality of cervical cancer rank second among malignant tumors in women. About 50,000 women in China die of cervical cancer every year. Women with cervical lesions (long-term chronic cervicitis, cervical precancerous lesions, etc.) are at high risk.



## The reason for the recurrence of gynecological diseases

### The method of damage-free prevention and control

From the moment when the "Zimeishu" was close to the private place, the unbearable itching disappeared immediately, and the disturbing smell quickly disappeared. With the coolness and comfort, the 24-hour continuous private care treatment was launched, and the gynecological inflammation gradually disappeared.

"Zimeishu", using "transdermal drug administration technology", close to the private place, silver ions move freely from the vulva into the vagina, and the plant essence is continuously transported to the patient's area through the human microcirculation system in a molecular state, quickly killing the vulva and vaginal pathogenic bacteria, and causing inflammation caused by gynecological diseases. Problems such as itchy, leucorrhea frequent, strange smell, menstrual irregularities and other problems are far away from your body. More importantly, Zimeishu gynecological pad can play a 24-hour non-stop barrier, so that the pathogen has no opportunity to take advantage of it.

Using "Zimeishu", got rid of the trouble of frequent cleaning and replacement, and there was no high incidence and recurrence of gynecological bear disease. At the same time, it avoids damage to the inside of the vagina and the destruction of acid-base balance. Use it at any time, so that you can easily get rid of the unspeakable troubles and enjoy a healthy and worry-free life from now on.

When you take care of your body in the most appropriate way, your body will also give back to you in the best state.

### Tips Treatment Reminder

Because there are many types of vaginitis, and some symptoms are the same or similar, the doctor needs to check the secretions when diagnosing, so do not rinse the vagina before seeing a doctor, so as not to affect the diagnosis results.

- If blood is found in the leucorrhea, it may be other more serious gynecological diseases, and you should go to the hospital immediately.
- Whether it is oral drugs, vaginal suppositories and tablets, they should be used under the guidance of a doctor, and it is best not to use drugs without permission. Even if you go to the pharmacy to buy over-the-counter drugs (OTC), it is difficult to choose the dazzling drugs accurately, so you should go to the hospital for examination first.

When using "Zimeishu", you should persevere. It is prohibited for people who are allergic to silver ions, and pregnant women should use it with caution.



*Use Zimeishu, Feels so good*

*When there is sunshine, there is our concern and care.*





*Menstruation is the tide of a woman's body  
Zimeishu  
Accompany you through every flux and reflux*



As we all know, due to the special physiological characteristics of women, it is very easy to cause a variety of gynecological diseases. In the physiological period unique to women, such as before and after menstruation, childbirth, small childbirth, after the ring, and after the ring removal, the probability of infection is much higher than usual, and it needs more care. Conditioning endocrine and improving the disease resistance of the reproductive organs are also what all women want. "Zimeishu" effectively provides effective protection and treatment for the special physiological period of the above women.



*Refreshing care and clean*



### *Physiological care*

#### **NO.1 Before and after menstruation**

*For a period of time after the end of my period, I always feel that the "small garden" is itchy, red and swollen, which is very uncomfortable. ...*

In fact, this is a trick of bacteria. If you accidentally use unclean sanitary napkins or sanitary ware, or hands are not cleaned properly during menstruation, germs will have the opportunity to invade.

#### **NO.2 Dysmenorrhea**

On those days of every month, I will be accompanied by almost unbearable pain. When it hurts, I will sweat coldly all over my body, and I can't do anything.

It believes that dysmenorrhea is familiar to many women, but it is not calm if you endure it. Without treatment and protection, the symptoms are likely to be aggravated. The plant essence contained in the Zimeishu gynecological pad can condition women's endocrine and effectively relieve dysmenorrhea.

#### **NO.3 Childbirth**

*Finally, the baby's first loud cry was heard, and the young mother's weak face was full of happy smiles...*

After giving birth, women's bodies are extremely weak and their resistance declines. It is a high-risk period of reproductive system infection and needs more care.

#### **NO.4 Gynecological diseases**

*Onset itching, abnormal leucorrhea, and gynecological diseases are coming to my door. What should I do? .....*

Authoritative data shows that more than 90% of women have suffered from gynecological diseases at least once in their lifetime, and the possibility of repeated attacks is very high. Many women often ignore the symptoms of this aspect. In fact, this is caused by unscientific living habits and treatment methods.





## "Zimeishu", give women a healthy promise

Going to work, business trips and travel have become important parts of women's life. In daily life, public baths, bathtubs, bath towels, toilets, clothes, equipment, etc. may be potential transmission routes for germs. Under such circumstances, we should not only maintain a relaxed mentality and adequate sleep, but more importantly, do a good job in the prevention of gynecological diseases in daily life, and Zimeishu can effectively solve women's worries..

### Daily Nursing

#### Business trip

*Early this morning, the boss gave instructions: "You are going to Beijing on a business trip tomorrow. Be sure to take this customer on a business trip. It's a common day for the OLS in the office building nowadays..."*

Professional women often go on business trips for three or five days at least, and more than a month at most. When you go out, it is not convenient to carry and use cleaning supplies, and if you eat and live in the public ring, the chance of infection will also increase. And "Zimeishu" can just solve many inconveniences for women when they go out.

#### Traveling

*Where is your dream of traveling? Is it the ancient and mysterious Athens castle, the romantic Norwegian forest, or the poetic Okinawa?*

Enjoy the scenery to the full trip, feel the beauty of nature and humanities, and enjoy the exotic customs. Nowadays, travel and vacation have become a fashionable choice for many women. However, long-term travel will consume physical strength, reduce immunity, and make us more vulnerable to bacterial infection. Especially in the case of self-driving tours, long-distance, multi-site and long-term driving will cause a lot of inconvenience to our genital care.

#### Work

*Since she was promoted to the head of the department, May began to work overtime and stay up late like a shadow, and her life was not normal. Every day when she came home, she fell asleep. She didn't even bother to respond to her husband's greeting. How could she have the strength to take care of herself? .....*

Working women are busy with work and neglect to take care of their own health. The inconvenient nursing methods are obviously not suitable for their lives.

### Sanitary nursing



#### Sex life

*"Sex" life, the heart is swaying, and the woman's face is as red as a flower...*

Perfect sex life is one of the important indicators of a woman's happiness. However, the promise of passion often ignores health protection. If the partner's hygiene habits are "unsatisfactory" and accidentally brings germs into the woman's body, then the perfect sex life will be overshadowed by it.



#### Swimming and entertainment

*In the swimming pool, the sparkling waves are slightly swaying. You are like a colorful fish, playing happily...*

The huge swimming pool looks crystal clear, and many small meridians are lurking in it. At this time, the probability of infection is very high. If you can use a patch of "Zimeishu" before and after swimming, it can play a role in preventing and eliminating pathogenic bacteria.



#### Zimeishu's strategy

Because it is very common for women to have unclean sex life to cause gynecological inflammation, we should not only pay attention to the hygiene of individuals and sexual partners, but also do a good job of self-protection. After the passion, it can effectively kill pathogenic bacteria through "Zimeishu". From now on, there is no need to worry about hygiene and greatly reduce the "sexual" blessing. With the Zimeishu gynecological pad, the hygiene problems of private places can be solved naturally.

# Basic knowledge of gynecological diseases

## *Oulvovaginal Candidiasis*

|                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Main symptoms</i>         | The vulva is itchy, red and swollen, with a burning sensation and painful sexual intercourse; the white belt is like tofu residue, and the smell is obvious.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <i>Cause of the disease</i>  | The PH value changes in vagina, the disorder of the flora, and the proliferation of Candida albicans in large numbers, causing inflammation, often repeated attacks due to incomplete treatment or decreased immunity of the body.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <i>Infectious factors</i>    | <p><b>Improper medication</b><br/>For example, if you often take broad-spectrum antibiotics or use alkaline washing solution, when killing the pathogenic bacteria, some beneficial bacteria (such as lactobacillus) are eliminated together, resulting in flora imbalance and causing infection.</p> <p><b>Irregular life , great psychological pressure</b><br/>Staying up late, lack of sleep, insomnia, abnormal diet, etc. are easy to cause resistance (it is the whole immune system function) decline, or when facing psychological stress such as anxiety, depression, sadness, etc., it may also lead to acid-base imbalance in the body and cause inflammation.</p>                                                                                                                                                                                                                                                                                                                             |
| <i>Scientific prevention</i> | <p>Don't like sweets too much<br/>Sugar is one of the food sources of Candida. Controlling the sugar in the body can reduce the chance of infection.</p> <p>Eat less food containing mold<br/>If VVC attacks repeatedly, be careful of fermented foods containing mold such as beer, pickles, mushrooms, juices, etc.</p> <p>Drink more yogurt<br/>Lactobacillus is the main force to maintain vaginal acid-base balance and inhibit the growth of Candida bacteria, which needs to be supplemented in time. Especially when the body has other discomforts and needs to take antibiotics, it is necessary to take more.</p> <p>Keep the vulva clean<br/>When there are more vaginal secretions, pay attention to the local care of the vulva and keep it clean.</p> <p>Adjust your mental state and relieve stress<br/>The influence of psychological factors on VVC cannot be ignored. Ensure adequate sleep, make yourself have a good mental appearance, and maintain physical and mental balance.</p> |

## *Trichomonas vaginitis*

|                              |                                                                                                                                                                                                                                                                                                                                                                                       |
|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Main symptoms</i>         | Vulvar itching, burning sensation, urinary pain, sexual pain; leucorrhea foamy, yellow-green, very fishy.                                                                                                                                                                                                                                                                             |
| <i>Cause of the disease</i>  | Trichomoniasis vaginitis is caused by the infection of the pathogen of vaginal trichomonas. Under normal circumstances, it is transmitted through sexual sex, but trichomoniasis can also hide in bathtubs, towels, toilet cushions and other sanitary facilities, making people defenseless.                                                                                         |
| <i>Infectious factors</i>    | <p><b>Direct infection</b><br/>Transmitted through sexual intercourse</p> <p><b>Indirect transmission</b><br/>Transmitted through public baths, bathtubs, bath towels, swimming pools, toilets, clothes, equipment and dressings, etc.</p>                                                                                                                                            |
| <i>Scientific prevention</i> | <p>Daily prevention<br/>It's better to use condoms during sex;<br/>Use disinfected bathtubs, toilets and other sanitary facilities;<br/>Be extra careful when swimming and bathing, and try not to use public facilities.</p> <p>Precautions for treatment<br/>Swimming is strictly prohibited;<br/>Stop sex during treatment;<br/>Husband and wife are treated at the same time.</p> |



## Basic knowledge of gynecological diseases

### *Non-abnormal vulvitis*

|                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Main symptoms</i>         | Vulvar skin itching, pain, burning sensation, getting worse during activity, sexual intercourse, urination and defecation. Local congestion, swelling, erosion, often scratches, and indiscriminate ulcers or eczema may form in severe cases. Chronic inflammation can make the skin thick, rough, cracked, and even lichen-like.                                                                                                                                                                                                                                         |
| <i>Cause of the disease</i>  | The vulva is close to the urethra and anus, and is often stimulated by menstrual blood, vaginal secretions, urine and feces. If you don't pay attention to skin cleanliness, it is easy to cause vulva; Diabetic patients are stimulated by diabetes, fecal fistula suffer from the stimulation of feces, and patients with urinary fistula suffer from long-term diffuse discharge of urine, etc.; it may also cause the vulva. In addition, wearing tight synthetic fiber underwear leads to poor local breath ability and local moisture, which can cause this disease. |
| <i>Scientific prevention</i> | Keep the vulva clean and dry; pay attention to menstrual hygiene before and after menstruation; avoid injury; pay attention to sexual hygiene; improve the body's resistance and improve the disease resistance of female sexual organs.                                                                                                                                                                                                                                                                                                                                   |

### *Pelvic inflammation*

|                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|-----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Brief description</i>    | Inflammation of the connective tissue and pelvic peritoneum of the female internal genitalia and its surroundings is collectively called pelvic inflammatory disease, which is divided into acute and chronic according to the severity and size of the inflammation.                                                                                                                                                                                                                                                                                      |
| <i>Main symptoms</i>        | Lower abdominal pain, back pain, and pain in sexual life at the time of the disease; menstrual irregularities, dysmenorrhea, accompanied by fever. If the condition is serious, there may be high fever, chills, headache, loss of appetite and other symptoms.                                                                                                                                                                                                                                                                                            |
| <i>Cause of the disease</i> | a. The body's immunity declines, such as poor immune function, anemia, malnutrition, chronic wasting disease, etc.;<br>b. Lack of scientific care without paying attention to personal hygiene, especially in the fourth stage (menstrual period, pregnancy, labor period, lactation) lacks scientific care. Infections during childbirth, such as prolonged labor, postpartum hemorrhage, rupture of the birth canal and other difficult labor surgeries such as cesarean, forceps delivery, artificial removal of the placenta, perineal incision, etc.; |

### *Cause of the disease*

C. Uterine cavity surgery infection, such as abortion, placement of intrauterine device, tubal unblocking surgery, hysteroscopy, etc.;  
D. Sexual life factors, such as bacteria that can adhere to sperm and infect the disc cavity during sex, especially during ovulation, menstruation and cervical relaxation;  
E. Inflammation of the adjacent organs of the pelvic cavity spreads directly, etc.

### *Scientific prevention*

A. Pay attention to personal and sexual partner hygiene;  
B. Timely and scientific treatment;  
C. Conduct regular examinations to achieve early detection and early treatment.

### *Cervicitis*

### *Brief description*

Cervicitis is a common disease in women of childbearing age. There are two types: acute and chronic. Acute cervicitis often exists as acute endometritis or acute vaginitis at the same time, but it is more common in chronic cervicitis.

### *Main symptoms*

Acute cervicitis: increased leucorrhea, purulent, accompanied by low back pain, and discomfort in the lower abdomen.  
Chronic cervicitis: large amount of leucorrhea, white color, mucous or blood in the leucorrhea, or sexual bleeding, accompanied by external vaginal itching, lumbosacral pain, and aggravated during menstruation.

### *Cause of the disease*

a. Excessive cleaning of private parts: Long-term use of washing liquid is easy to destroy the balance of the vaginal environment, resulting in acidity imbalance in the vagina and causing cervicitis.  
b. Frequent sex life: Too frequent sex or rough sex life will increase the chance of infection. In addition, there are many extramarital sex or sexual partners, and the sperm of each sexual partner and the germs brought in during sex will increase the recurrence rate of cervicitis.  
c. Physical stimulation or damage: spontaneous or artificial abortion, diagnostic curettage and childbirth, etc., will cause mechanical stimulation or damage to the cervix.  
d. Drug abuse: long-term or excessive use of antibiotics, taking diet pills and contraceptives, disrupt the endocrine level, destroy the balance of the body's flora, and may also lead to cervicitis.

## The mechanism action of "Zimeishu"

\* Considering the characteristics of women's physiology and anatomy, the medicine in "Zimeishu" is designed by a special design which can be effectively absorbed into the vaginal and uterine mucosa. This absorption method allows the drug to be repaired for a long time in the venous network and the microcirculation network and give full play to the medicinal effect, achieve the purpose of prevention and health care. Through this rational absorption path, the drugs in "Zimeishu" can play a more accurate role in the focal area and achieve the therapeutic goal of internal and external treatment.

\* Based on the principle of ergonomics, "Zimeishu" makes full use of the characteristics of drug absorption by female vaginal mucosa. Through adopts the method of "mucosal absorption and drug administration", which can closely fit the vulva. Under the action of human body temperature (37℃), the active alkali of traditional Chinese medicine can penetrate the vaginal mucosa quickly and continuously, effectively transferring the alkaloid molecules of traditional Chinese medicine to the affected area. This unique method of drug administration has the effect of quickly killing and removing pathogenic bacteria. At the same time, it effectively isolates external pathogenic bacteria and provides private protection. In addition, "Zimeishu" also helps to increase blood oxygen supply and repair damaged mucosal tissues, cells and lesions in time.

\* "Zimeishu" helps to correct and restore the normal function of the internal genitals. The vagina, uterus, fallopian tubes, ovaries and other internal reproductive organs all depend on the supply of double sets of blood vessels. These organs play a key role in nutrition and metabolism, and participate in the secretion of gonads, which affects the formation of reproductive and secondary sexual signs. When these organs undergo pathological changes, "Zimeishu" can help correct these changes and promote their function to gradually return to normal. For example, symptoms such as menstrual disorders, increased leucorrhea, or low sexual function caused by organic lesions of organs are expected to gradually alleviate well and disappearance.

## The advantages of the dosage of "Zimeishu"

\* The micro-wetting agent is consistent with the ecological environment of the female vulva: The micro-wetting agent of the "Zimeishu" gynecological pad is consistent with the ecological environment of the female vulva, which can better adapt to the physiological characteristics of women, improve the bio-availability of the drug, and make the drug effect appear faster.

\* 24-hour full-life cycle preventive health care: as a new gynecological product of 24-hour full-life cycle preventive health care, "Zimeishu" gynecological pads can continuously protect women's reproductive and physiological health. It is convenient, comfortable and fashionable to use, facilitating the absorption of vaginal and uterine mucosa, and efficiently protecting against gynecological diseases.

\* The principle of micro-wetting agents is similar to masks: the mechanism of action of micro-wetting agents is similar to that of masks, which can replenish moisture and promote the absorption of trace elements and skin mucosa. Zimeishu's gynecological pad provides sufficient water and nutrition for the vagina and uterine mucosa through the principle of micro-wetting agents, helping to improve and balance the micro-ecological environment of the female reproductive system.

\* Improve the micro-ecological environment of the vagina and uterine mucosa: "Zimeishu" forms a relatively closed space, so that the essence of traditional Chinese medicine extraction can directly act on the vagina and uterine mucosa. This method of action can quickly improve itching, dryness, abnormal leucorrhea, odor and other problems, and keep the vagina firm, young and moist. At the same time, the active blood and stasis components in the drug enhance the driving of blood oxygen and promote the rapid absorption of drug complex alkaloid molecules. "Zimeishu" has the effect of clearing heat, dryness and dampness, detoxifying and relieving itching, activating blood and regulating menstruation, continuously enhancing the immunity of the reproductive system, improving the vaginal environment, and quickly achieving a healthy micro-ecological environment with bacterial flora balance and PH value balance.

## Five characteristics of "Zimeishu"

### [NO. 1 Fast start and high security]

Silver ions and plant essence, free movement and transdermal absorption, anti-inflammatory, anti-itch, deodorizing, fast effective, does not destroy the physiological balance in the vagina, and does not stimulate the skin and mucous membranes of the vulva.

### [NO. 2 Keep it clean, convenient and hygienic]

"Zimeishu" uses silver ions and plant essence extracted by advanced technology, using non-woven cotton as the carrier, and attaching it softly to vulva. Using the "transdermal drug administration technology", it forms a protective layer to protect, nourish the vagina and nourish the vagina. Silver ions move freely from the vulva into the vagina, and the plant essence enters through the human microcirculatory system. Entering the reproductive organs can not only kill and expel gynecological pathogenic bacteria in the body, but also block the pathogenic bacteria from the private part, so that the inside and outside of the vulva are kept clean at all times, and the pathogenic bacteria can be used from now on. Independent packaging, truly sterile, fully in line with the habit of using women's hygiene products; thin, easy to carry and use, whether work, business trip, sports, not affected by any, no embarrassment!

### [NO.3 Continuous and uninterrupted care]

It eliminates the "blank period" of traditional care - daytime. Easily achieve all-day care. Because the probability of vaginal contamination during the day is greater than that at night, if only protective treatment is used at night, it will prolong the duration of the disease, reduce the cure rate, and the symptoms are easy to recur. Therefore, only continuous care during the day and night can achieve the best effect.

### [NO. 4 Refreshing and comfortable]

The shape of the medical pad is comfortable and soft, silver ion free movement and percutaneous absorption and sterilization, feeling refreshing and moist.

### [NO. 5 No damage]

"Zimeishu" absorbs the latest research results of modern physiological anatomy, pharmacology, immunology, microcirculation, reproductive physiology and endocrinology, uses silver ions and plant essences, and uses non-damaging physical therapy to regain the physical and mental health of the majority of women.

"Zimeishu" has won many honors in domestic and foreign evaluations

The national star fire project

Chinese women and children like the product title

Science and Technology Demonstration Enterprise in Shaanxi Province

China's famous women's and children's products procurement designated brands



## Four major functions of "Zimeishu"

\*Prevention: vulvar itching, eczema, abnormal leucorrhea, odor, menstrual irregularities, dysmenorrhea, vaginitis; auxiliary treatment of cervicitis, pelvic cavity inflammation, adnexitis, etc.;

\* Care: postpartum and after abortion, anti-infection protection and protection of the uterus, pelvic floor function repair; preventive health care three days before and four days after menstruation, effective prevention and treatment of gynecological disease;

\* Conditioning: conditioning endocrine, balancing the PH value and flora in the vagina;

\* Nourishment: tonic qi and blood, enhance ovarian nutrition, increase secretion, improve the immune function of reproductive organs, and delay aging of reproductive organs;

## "Zimeishu" prevention and treatment effect

\* Clearing heat, dryness and dampness, detoxifying and relieving itching, invigorating blood and menstruation;

\* It has a health effect on adult female vulvar itching, large amount of leucorrhea and other odorous people;

\* Preventive health care for women's inflammation, emia, conditioning and decline.

## Advantages of "Zimeishu" products

\* Convenient and fashionable, carry it with you to instantly block the source of infection;

\* Natural, effective, 24-hour continuous killing of pathogens;

\* Safe and healthy, vaginal mucosa transdermal absorption and drug administration, the shortest distance, the fastest absorption, and remarkable effect;

\* The four effects of prevention, health care, conditioning and anti-aging are integrated to improve the disease resistance and immunity of the female reproductive system.

安全

健康

天然

方便

持效

时尚

轻松一贴 感觉就是好



24小时  
三重屏障防护





*The world's first new product for the prevention and treatment and health of gynecological diseases*

**Prevention and treatment of gynecological diseases is simpler, and the treatment is no longer difficult.**

*Three days before and four days after menstruation, use Zimeishu gynecological pad pathological Explanation*

"Zimeishu" is a product designed according to the physiological characteristics of female friends. It is based on the essence of Chinese traditional medicine, and adopts the internationally recognized most advanced silver ion sterilizing materials in the field of gynecology. Its superior performance is to sterilize thoroughly, safely, reliably and timely maintain the normal ecological environment in the female reproductive tract. It adopts non-damaging physical treatment without any toxic side effects, and silver ions do not produce half-life caused by antibiotics during sterilization, and bacterial pathogens during sterilization will not produce drug resistance. Zimeishu Gynecological Pad combines the latest research results of modern medicine, and at the same time absorbs international advanced transdermal absorption drug delivery technology, is medical masterpiece. Developing the new era of gynecological disease prevention and treatment, its style is humanized, comfortable and refreshing to use, hidden, and will not affect clothing, daily life and exercise. It is very suitable for women's special physiological and psychological needs, and is deeply loved by female friends.

### **I. "Zimeishu" is developed and produced according to modern medical theory and ergonomic principles, which can meet the needs of modern women to prevent gynecological diseases.**

"Zimeishu" integrates prevention and treatment with health care, providing efficient protective measures and preventive functions for healthy women, which can achieve the effect of preventing diseases before they come. Especially in the health care during menstruation, lactation and menopause, it can play a good role in disease prevention and conditioning. At the same time, it can quickly play a role in preventing diseases after sex, business trips, travel, swimming and other public activities.

Physiologically speaking, women experience physiological phenomena such as menstruation, leucorrhea, pregnancy and childbirth. If they do not pay attention to their usual health care, it is easy to be infected from the vulva and lead to gynecological diseases. In terms of pathology, due to their own physiological characteristics, women are more prone to qi and blood disorders, visceral dysfunction and pulse damage, which leads to gynecological diseases.

Psychologically speaking, when women have some mild gynecological symptoms, it is often regarded as a physiological phenomenon, such as abdominal pain, back pain, vulvar itching, increased leucorrhea, contact bleeding, etc., which often cannot attract the attention of female friends. The results may lead to cervicitis, adnexitis, pelvic inflammation, infertility, uterine fibroids and even cancer. Therefore, it is very important to pay attention to the prevention and treatment of gynecological diseases and health care.



### **II. The relationship between "Zimeishu" and women's special physiological cycle**

Due to the special structure of the female reproductive organs, if you do not pay attention to daily hygiene habits, you will be easily infected with germs, leading to the occurrence of gynecological diseases. Especially during menstruation, every time menstruation comes, female friends need to be extra careful, because the uterine mouth is open at this time, which is easy to cause upward infection of pathogens. Once a gynecological disease occurs, common symptoms include back pain, abdominal pain, lower abdominal distension, increased leucorrhea and fishy smell. However, these mild symptoms often do not attract the attention of female friends, and it is easy to cause gynecological diseases for a long time.

Menstruation is one of the longest physiological phenomena experienced in a woman's life, and menstrual blood itself is the medium for bacteria to grow. If you don't change sanitary napkins frequently and wash your vulva in time during menstruation, the chance of infection will increase. Therefore, whether a woman is married or not, nursing during menstruation is very important. Especially in three days before and four days after menstruation, it is the best time to prevent the occurrence of various gynecological diseases, so every female friend should pay special attention to their own care during this period.

### **III. Pathological discussion on the use of "Zimeishu" for women three days before menstruation**

The reason for using "Zimeishu" three days before menstruation: Due to the periodic changes of the sex hormones secreted by the ovaries on the endometrium, they fall off once a month, and the mucous membranes and blood are discharged out of the body through the vagina. This phenomenon is called menstruation, which is also one of the physiological characteristics of the female reproductive system. Menstruation is also one of the important signs of this cycle change. However, due to pelvic congestion and prostaglandin during menstruation, some female friends will have lower abdomen, lumbosacral drooping discomfort, or uterine contraction pain, gastrointestinal dysfunction, headache, mild neurological instability and other symptoms during menstruation. Due to periodic menstrual bleeding, female friends' own resistance is weak and defense function is poor, and menstrual blood is a good culture medium for bacteria and pathogens, so the risk of menstrual infection with pathogens is very high.

Under normal circumstances there may be 29 kinds of pathogens in female vagina. These pathogens should live in the female vagina mucosa and wrinkled wall. Usually, the lactobacillus in the reproductive tract is mutually controlled with these pathogens, and no gynecological diseases will occur. However, different premenstrual syndromes will appear about a week before female friends' menstruation, which will cause immune system of female is weakened, and the resistance becomes weaker, which promotes the indulgently reproduction of pathogens in the vagina. The trichomonas and fungi remaining in the vagina wrinkled wall take the opportunity to rekindle, forming trichomonas and fungal inflammation. If you originally suffer from various mild gynecological fatigue, such as various vaginitis, endometritis, adnexitis, pelvic inflammation disease. During menstruation, after sex and fatigue, women's resistance is weak and defense is poor, which will quickly aggravate the disease, resulting in repeated attacks of gynecological diseases. If a woman starts to use "Zimeishu" three days before menstruation at this time, it will prevent the invasion of external bacterial pathogens in advance and effectively kill the bacterial pathogens in the vagina. The plant essence contained in "Zimeishu" enters the female internal reproductive organs through the principle of percutaneous absorption. Because the female reproductive organs have a rich branch venous vascular network and sensitive nerve plexus, the drugs absorbed from "Zimeishu" can be stored in the female body for a long time, which will continue to play a role, invigorate blood, clear heat and detoxify, regulate endocrine, enhance female's own non-resistance and defense functions, and completely eliminates the repeated attacks of gynecological diseases. Therefore, it is necessary for female to use the three barrier protection of "Zimeishu" three days before menstruation to block and kill pathogens and improve female's protective function.

#### IV. Pathological discussion on the use of "Zimeishu" for women four days after menstruation

The reason why women use "Zimeishu" four days after menstruation is that under normal circumstances, the environment in the female reproductive tract is weakly acidic and maintained by vaginal epithelial cells and lactobacillus. However, menstrual blood is weakly alkaline, and changes in the vaginal environment after menstruation are very suitable for the reproduction of trichomonas, thus causing trichomonas vaginitis. In addition, the semen is neutral after sex, which will also change the environment of women's vagina. Therefore, after menstruation and sex, it will provide suitable growth conditions for the remaining trichomonas, leading to repeated attacks of trichomoniasis vaginitis, which will bring complexity to the treatment. If female friends use "Zimeishu" gynecological pads three days before Menstruation, it can eliminate pathogens in the vagina and protect women's health during menstruation. Therefore using Zimeishu in time four days after menstruation or after sexual activity can effectively restore the ecological balance of the female reproductive tract, reducing or preventing the occurrence or recurrence of gynecological diseases. The plant essence in "Zimeishu" can nourish and moisturize the vagina, and quickly restore the balance and physiological barrier of the mucous membrane in the genital tract. Therefore, female friends can continue to use "Zimeishu" in order to improve their own resistance and defense function four days after menstruation and after sex. Women experience different periods in their lives, such as menstruation, belt, fetus, childbirth, etc., coupled with sex life, so most women have different degrees of gynecological diseases. However, gynecological diseases are not terrible. What is terrible is that there are only drugs for gynecological diseases at present, and there are no drugs that can completely eliminate and prevent recurrent attacks. The appearance of "Zimeishu" can help every woman (whether unmarried or married) use it three days before or four days after menstruation so as to protect themselves well and greatly reduce or even completely eliminate the occurrence of gynecological diseases.



#### V. "Zimeishu" is the world's first new drug to prevent and treat gynecological diseases

"Zimeishu" adopts the concept of modern gynecological treatment. Through physical therapy, under the premise of not damaging the body, it provides convenient, safe and reliable treatment through transdermal absorption without any toxic side effects. It adopts the most advanced silver ion sterilization technology in the world and contains a variety of plant essences, which can quickly and effectively repair damaged tissues while sterilizing, and relieve itching, pain, dryness, fishy smell and other discomforts caused by gynecological diseases. At the same time, it can keep the vulva clean at all times, which is the biggest difference between "Zimeishu" and other gynecological pads. In order to further improve the quality of life of the majority of women, "Zimeishu" has put forward the concept of modern gynecological joint treatment based on modern gynecology theory of "three barrier protection". Gynecological experts believe that the value of preventing and protecting gynecological diseases is much higher than pure gynecological treatment. Zimeishu integrates protection and nursing into the daily care process of female friends, especially three days before and four days after menstruation. It can effectively kill and remove pathogens in the vagina, carry out nursing treatment in time, and eliminate gynecological diseases in the bud. Gynecological medical experts believe that gynecological diseases are completely preventable and controllable. By using "Zimeishu" to guide women's daily care, it can improve women's physiological barrier function and immune function, so as to solve the problem of repeated attacks of gynecological diseases and long-term incurable.

*Let's take action, protect ourselves, make ourselves healthier, and make life more exciting!*

## About Wanan



Shaanxi Wanan Pharmaceutical Co., Ltd. integrates scientific research, production and sales. After more than 20 years of development, the company now has assets of 68 million yuan and nearly 300 employees. The marketing network has spread to 32 provinces, autonomous regions and municipalities directly under the Central Government, and its products are exported to Southeast Asia, the Middle East, Europe, America and other countries and regions.

The company is committed to the research and development of gynecological prevention and nursing products, strong scientific and technological strength, and has a group of highly respected famous medical experts and young talented medical doctors, masters and other professional talents. With a rigorous scientific attitude, Wanan staff absorbs the latest research results of modern physiological anatomy, pharmacology, immunology, microcirculation, reproductive physiology and endocrinology, adopts new technologies for the production of modern high-tech medical supplies, and successfully develops a new generation of

high-tech gynecological products "Zimeishu". The product uses silver ions and plant essences, and is designed and developed according to the physiological structural characteristics of women and the mechanism of occurrence of gynecological diseases. With its novelty dosage form, safe use, continuous and effective day and night, rapid effect, convenient and hygienic, refreshing and comfortable, the product has won many awards in domestic and foreign evaluations, filling the gap in international modern women's physiological care products has ushered in a new era of gynecological disease prevention and health care. Once the product is launched, it is very popular with the majority of women.

In recent years, according to the deployment of the Female Workers' Department of the All-China Federation of Trade Unions, the company has invested hundreds of millions of yuan to carry out "Female Employee Health Care Knowledge Lectures and Consultation" activities free of charge among female employees across the country, giving love and warmth to female employees, improving the self-health care awareness of female employees, and being warmly welcomed by the majority of female employees; "Zimeishu" high-tech gynecological products have benefited 60 million women.

In line with the modern corporate philosophy of "people-oriented, deacon-based, enjoying life and pursuing perfection", Wanan Pharmaceutical focuses on women's health and is becoming a leader in women's gynecological prevention and treatment and nursing products.

